

New option in summer: Tiancheng Backyard

The most popular tourist destinations where Wuhan people can avoid the high temperatures of summer are Jiugong Mountain and Shennongjia in Hubei Province. Other options include Mount Lushan, Mount Huangshan, or Jiuzhaigou in other provinces. However, despite their appealing natural environments, these attractions are far from Wuhan. Taking into consideration, the time and effort to reach these attractions, *Changjiang Weekly* highly recommends Tiancheng Backyard which opens to the public this summer. Located in Huangpi District, it offers a cool and refreshing atmosphere to visitors.



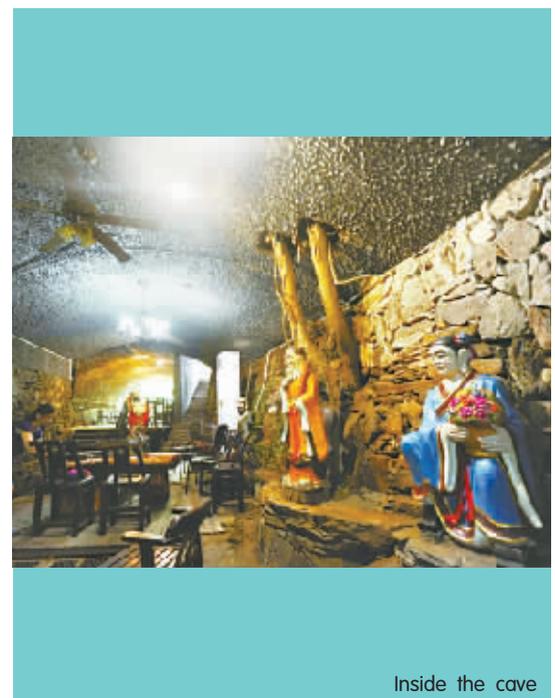
Reservoir



Tea plantation



Bamboo beds



Inside the cave

Natural oxygen bar

Located south of Dabie Mountain, Tiancheng Backyard covers an area of 10 square kilometers. It is surrounded by mountains with forests that cover up to 95 percent of the area. Its reservoir connects Tiancheng Backyard to Mulan Tianchi. The reservoir contains a variety of trace elements conducive to physical wellbeing.

Tiancheng Backyard has been dubbed a natural oxygen bar, possessing 20,000 negative oxygen ions per cubic meter.

Under the guidance of the Geomantic Omen, or ancient Chinese *feng shui* principles, the area is surrounded by traditional residential buildings, either alone or grouped together in rows. With natural

springs flowing and surrounded by greenery, this escape to nature will instantly enchant visitors. The Fairy Cave is located at the end of the reservoir. Inside the cave, there are springs and small caves. Tourists can have entertainment activities during daylight hours.

Health resort

An old Chinese saying goes, "Sleeping outside in summer will lower the risk of catching cold in winter." Here in Tiancheng Backyard, groups of families or friends can feel the gentle breeze and count the stars above while lying on bamboo beds which

were commonly used in the last century.

The largest therapeutic regimen base in Wuhan is located here. Visitors can enjoy a mysterious and practical way of building a good physique and improving their health. Individually tailored therapies pertaining to

beauty treatments and well-being are available.

In addition to beating the heat, enjoying home-grown green food is also part of the adventure here. Produce includes pork, chicken, oil, eggs, and fruits.

Address: Tiancheng Backyard, Luohan Street, Huangpi District, Wuhan (武汉市黄陂区罗汉街横山天成后院)
Transportation: Daihuang Expressway-Huangpi Avenue-Huangtu Expressway-Tiancheng Backyard